



Tattoo/ Epidermal/ Dermal Lesion Removal Instructions

Pretreatment Preparation:

1. The skin should not be tan; epidermal melanin produced by UV Light Exposure may interfere with laser treatment and increase the risks for scarring, hypopigmentation or hyperpigmentation.
2. Patients should avoid any and all retinoid products: Acitretin, Alitretinoin, Bexarotene, Isotretinoin (Accutane), and Vitamin A.
3. Patients should avoid topical antibiotics as allergic reactions can occur.
4. Laser tattoo removal requires numerous treatment session, typically at least 7 weeks apart.
5. Laser epidermal and dermal lesion removal can require 1-3 treatments, typically 4-6 weeks apart.
6. If you would like to use a topical anesthetic cream or spray, apply before your appointment according to the package directions.
7. Over the counter pain medications such as Ibuprofen or Tylenol can be taken 30 minutes before procedure (if tolerable).

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Post Treatment Care:

1. On the day of treatment, ice the area for 10 minutes every hour.
2. For Tattoo Removal, you will be instructed to clean the area with copious amounts of water and apply ointment twice daily until lesions heal which can take around 5-10 days.
3. Over the counter anti-inflammatory agents may be needed. i.e. Advil (ibuprofen) or Aleve
4. Hydrocortisone 2.5% applied 2-3 times per day for 5 days can help with any redness or itching.
5. Use sunscreens with good UVA/UVB coverage before and throughout the treatment period. We recommend SPF 45.